

**Profiles on Our Site** - Would you like to have a profile on our site? It's free and easy! By signing up to have a profile, you can have your own personal web page where you can share your story, post your photos, share your comments and experiences about your surgeon and hospital, and participate in all or our member areas.

How to sign up – if you have Internet access, you can sign up online. If you do not have access to the Internet, you can use the form on page 4.

1. Go to <http://www.obesityhelp.com/>. Click the “Register” link from the main page. This is located in the upper right hand corner.



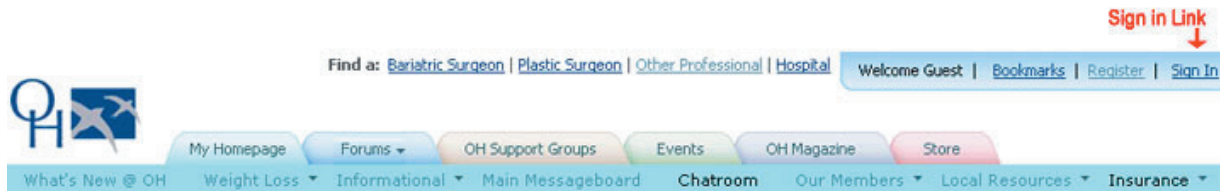
OR

Go directly to the sign up form at <http://www.obesityhelp.com/ohsignup/>

2. On the first page:
  - a. In “The Big Picture” section: “Who is/was your surgeon:”
    - Select your surgeon in the drop down list. If you do NOT have a surgeon, skip to item 2b.
    - Answer NO to the question “Would you possibly be interested in any help with: Finding a bariatric surgeon?”
  - b. In the “About You” section:
    - Answer NO to the following questions:
      - Is it Ok for ObesityHelp and our affiliated surgeons’ offices to contact you by postal mail?
      - Is it Ok for ObesityHelp and our affiliated surgeons’ offices to contact you by phone?
      - Is it Ok for ObesityHelp and our affiliated surgeons’ offices to contact you by email?
  - c. Fill out the rest of page one with what information you are comfortable with.
  - d. Click the “Finish” button

For Existing Members – Update your personal information, announce your surgery date, post your photos, and share your experiences about your surgeon or hospital.

1. Go to <http://www.obesityhelp.com/>. Click the “Sign In” link from the main page. This is located in the upper right hand corner.



OR

Go directly to <http://www.obesityhelp.com/login/> and sign in.

2. Read the table below for the most common areas and follow the matching directions. We encourage you to explore all of the areas in your Personal Account Center. You may email the Member Services Department for personalized assistance at [memberservices@obesityhelp.com](mailto:memberservices@obesityhelp.com).

Area you want to change	How to do it
Personal Information (name, address, email, personal comments)	Click the General Info link
Post a Testimonial about your Surgeon - Add or update your comments about your surgeon (These comments will show up on the surgeon's profile).	Click the Your Surgeon link
Surgery Date - List or update your Surgery Date	Click the I've Got A Date! Link
Photos - Adding/Updating your photos	Email the Member Services Department for personalized assistance at <a href="mailto:memberservices@obesityhelp.com">memberservices@obesityhelp.com</a>
Hospital Comments - Add or update comments about your hospital experience	Click on the “Review Hospitals” link or the “Update your hospitals reviews” link
Comments about other professionals – Add comments about your plastic surgeon, primary care physician, or any other professional that has treated you	Click on the professional of your choice in the “Professionals Review” box on the far right.
Comment about a product – Add or update a comment about a product you have used.	Click on the “Review Products” link or the “Update your product reviews” link.

Concerned about privacy?

If you don't want your profile to show up on ObesityHelp, log into your profile, set your Profile Visibility field question #1 to “NO”.

If you don't want your profile to show up on this site, select “NO” for question “#2 Helping your surgeon:”

If you have any questions about your profile on this site, please email our Member Services Department for personalized assistance at [memberservices@obesityhelp.com](mailto:memberservices@obesityhelp.com)



www.ObesityHelp.com

Offline Sign up Form - ObesityHelp.com is partnering with your surgeon's office to help them promote their practice on the Internet. You can now help play a significant role. Here is how to join your peers in sharing your testimonials and photos. First, if you use the Internet, please visit ObesityHelp.com and sign up as a member and add your information there. It is free to register and you can sign up at the following link:

http://www.obesityhelp.com/ohsignup/

If you do not have Internet access and would like us to create a profile for you, please fill out the form below.

Fax this completed form to 1-949-788-9252 or give this to your Surgeons' Staff.

Name \_\_\_\_\_ Phone: (optional-kept private)\_\_\_\_\_
Email Address: \_\_\_\_\_ My surgeon is: \_\_\_\_\_
City and State: \_\_\_\_\_ Insurance information: \_\_\_\_\_

Use the back of this page if necessary

1. Tell us about yourself and your story (personal comments):

2. Tell us about your surgeon (surgeon comments):

3. I hereby authorize my surgeon and ObesityHelp.com to use the following information below in the ways that I specify by circling Y or N for each item.

My name, personal comments and comments about my surgeon
May appear on ObesityHelp.com : Y / N
May appear on my surgeon's web site: Y / N

All of any photos I provide.
May appear on ObesityHelp.com : Y / N
May appear on my surgeon's web site: Y / N

A photo of me showing just my face
May appear on ObesityHelp.com : Y / N
May appear on my surgeon's web site: Y / N

4. Comments about support meetings, aftercare program, or any subject you would like to mention:

Signed \_\_\_\_\_ Date \_\_\_\_\_



www.ObesityHelp.com

Would you like to share your journey in photos?

About 5 million people in the United States suffer from morbid obesity. Would you be interested in sharing your post op success and/or your pre-op journey with tens of thousands of peers who could really benefit from your inspiration? One way to do this is to share any photos you have that help tell the story of your journey. Before and after photos are great as well as any pre-op or post op individual pictures. There is a vast need to show the public that weight loss surgery can and does work. Your photos are one way to help convey this message.

Your photos would be put up on the patient forum for your surgeon on ObesityHelp.Com and on ObesityHelp.Com your member profile pages.

If you have a photo scanned, please email it to: [clientphotos@obesityhelp.com](mailto:clientphotos@obesityhelp.com). When you e-mail your photos, please indicate in the subject line of the e-mail which surgeon you are a patient of! If you have photos to mail, please send them, along with your permission form, to

ObesityHelp Photos  
Attn: Client Services for (INSERT YOUR SURGEONS NAME)  
8001 Irvine Center Drive  
Suite 1270  
Irvine CA 92618

If you mail your photos to us and want your original back, then just indicate this and we'll return yours after scanning and uploading them. Please let us know if there is any way we can be of assistance to you.

Sincerely,  
ObesityHelp.Com  
866-957-4636

Feel free to visit these other useful sites from ObesityHelp:

- <http://www.obesityhelp.com/magazine/> - The magazine was launched to expand the ability of ObesityHelp.com to reach out and provide education and support to the millions of people worldwide who suffer from obesity. OH Magazine™ is like an ongoing support group, full of hope, inspiration, and information.
- <http://www.obesityhelpstore.com> - ObesityHelp Store, the number one source for all your special needs. We carry a complete line of vitamins, apparel, books, magazines, fitness equipment and other obesity-related merchandise, specifically designed for bariatric patients, pre-op or post-op, or anyone who lives the day-to-day challenges that face many overweight individuals.
- <http://www.obesityhelp.com/events/> - For the past 6 years Obesityhelp Inc. has served the nation as the number one online resource center offering peer-to-peer support and the very best information about the treatment options for obesity. Now, the trusted name in the industry hits the road to bring to you, up close and personal, resources, education and support. We are scheduling many events that cover a wide range of issues: preop, postop, plastic surgery, insurance summits and much more!
- <http://www.obesityhelp.com/ohsupportgroups/> - Success in weight loss surgery is directly linked to post-operative support. Studies show a correlation that the longer a patient participates in a group, the greater success they see. Many post-ops eagerly participate in support groups for the first 6-8 months following surgery. Many of those who flounder and/or leave support groups find weight starts returning at 18-24 months after surgery. Whether you are pre-op, post-op, current or former support group member, ObesityHelp™ Chapters can help you start or find a Chapter or support group meeting to fit your needs.